
Social Justice and Equity Training

We are Social Justice and Equity consultants who can teach real-life practical skills to executives, managers, educators, and staff who are searching for ways to be OK talking about race, economic inequality, and social justice.

STR Consulting and Sheena D. Robertson have teamed up to offer social justice and equity-based training that is tailored and responsive to your needs. This training is rooted in anti-oppression and decolonizing practices that are designed to be interactive engagements exploring concepts of equity, inclusion, and diversity. Each workshop equips participants with knowledge, tools and resources to make effective systemic shifts. This inquiry-based, experiential training centers the needs of participants, by placing them at the heart of each session. We foster a supportive environment that creates lasting results.

Why Now...

We find ourselves witnessing a rise in social unrest and consciousness. This shift in the culture, and complex discourse has found some struggling to find their place in this national dialogue, and is long awaited by others. This public conversation offers an entry point to create new pathways for organizational and community-based change. It calls upon everyone to be a part of the 'call to action' for equity in our society. Our training offers an opportunity to process the current socio-political climate, understand and build knowledge about anti-racism and equity, and ultimately address specific issues in each context, so we can all become part of the solution.

What You Will Gain...

- A needs assessment and intake session to establish goals specific to your organization.
- Co-created workshops with the specific need of the group guiding the planning and facilitation.
- An exploration process that scaffolds learning from the personal (positionality), to the systemic.
- Participants build their knowledge, explore key terms, language, and definitions to contextualize and explore the current landscape, and their connection to it.
- A learning process structured so that it is; interactive, arts, inquiry, and action based.
- The creation of a concrete plan of actions that support positive change.

Our training is presented as a three-part workshop, structured to support authentic engagement. We recommend including ongoing support and follow-up to ensure the action plan actually happens.

Meet the Trainers...

Shequita Thompson Reid - Founder & Principal Lead at STR consulting

Shequita Thompson-Reid has been working at the intersections of community development and equity for over 15 years. Currently, she brings with her expertise within the field of Youth Capacity Development, Program Evaluation, Violence Prevention, Conflict Mediation and Equity. She is well versed in working from practices rooted in decolonization and Anti Oppression frameworks.



Shequita has worked successfully across various organizations to lead and support a range of broad band and high impact outcomes to achieve the desired goals at multi-level and multi- sectoral non-profit and government spaces.

Shequita has developed, led and facilitated training and education on Conflict Mediation, Violence Prevention, Equity and Anti-Oppression to name a few. She also excels in coaching and professional development for individuals and organizations looking to engage in change management processes.

In her past Shequita co-founded a grassroots program, Words of Wisdom. This program used books as a catalyst towards having deeper conversations into intergenerational trauma, identity, equity and healthy relationships. In 2015, she traveled to Ghana to participate in a knowledge exchange with young women and girls globally, and developed collaborative strategies to end gender-based violence. She holds an Honors BA from the University of Toronto with a specialization in Sociology and Gender Studies.

Sheena D. Robertson

B.A., B.Ed., M.Ed.



A Master Teacher with vast experience in issues of equity, the arts and social justice, Sheena has worked extensively as a consultant - in diverse settings locally, nationally and internationally for over 25 years. Her years working in Regent Park (Canada's oldest public housing community) meant that early-on she developed a deep understanding of the systemic issues at play in society – and she set about using that understanding to develop engaging, and connection-driven approaches to exploring anti-racism work with workshop participants.

In her consulting work, she has trained teachers in Germany and El Salvador, lawyers at Osgoode Hall, and has led Transformational Leadership explorations for not-for-profit and business leaders. She also has worked at OISE/UofT as a Faculty Advisor, Drama AQ Instructor, and as a Facilitator in the Continuing Education Program, offering pedagogical training to teachers from countries like Saudi Arabia, and at York University training teachers from China. She also pioneered the Artist-Education Certification Program for the Royal Conservatory - acting as their founding Course Director and training many artist-educators who now do exemplary social justice work in Ontario and across Canada. Layered onto this work, is her deep experience leading the development of inventive and engaging curriculum, and hands-on projects grounded in anti-racism work.

Sheena is the Artistic Director of *Kick Start Arts* - a not-for-profit that facilitates multi-disciplinary arts projects in both school and community settings. KSA's mandate is to engage diverse communities in thought, creation, and collaboration. This work is grounded in social justice, and inquiry. Examples of their action-oriented anti-oppression work include:

- i) The innovative *Regent Park Project* – a decolonized film-making initiative
- ii) The Reconciliation Canoe – a project exploring reconciliation-in action, along-side First Nations Master Canoe Builder, Josy Thomas

This strong foundation in the creation of innovative initiatives in many settings, means Sheena's work as a consultant is grounded in understanding the context she works in, and creating innovative explorations along-side the participants. Her extensive work has been recognized by her community – she was a finalist for the Toronto Arts Council's Diversity Award.

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